Please consider sustainability of our environment before deciding to print this newsletter

New this week

Student earns award for dedication

KCC sophomore Dustin Roggenburg was voted by the Illinois Community College Board Student Advisory Council committee as its ‘Most Dedicated’ member of 2010. During this academic year, Roggenburg attended three ICCB-SAC meetings in Springfield and Chicago.

"I don't know each student's reasoning for selecting Dustin, however, I do know that he has worked very hard with the SAC group and he and a friend have created the posters that will be used on each of the community college campuses to promote Student Advocacy Day," said Jennifer Timmons, ICCB senior director for student development.

Roggenburg is president of the Student Advisory Council at KCC. He will graduate this spring and plans to attend Eastern Illinois University.

Volunteer fair: 4/19

Area organizations will share volunteer opportunities at a Volunteer Recruitment Fair Monday, April 19 from 2 to 6 p.m. in the Workforce Development Center.

The free event is open to the public. It will feature volunteer opportunities related to a number of interests.

For more information, e-mail Juli Gereg at jgereg@kcc.edu or call
Juli at ext. 8206. KCC's Corporate and Continuing Education office is organizing the event.

**Red Cross Blood Drive: 4/21**

KCC is sponsoring a Red Cross Blood Drive on Wednesday, April 21 in the Iroquois Room.

"Please stop by the front reception desk and make an appointment for this life-saving event," said Sarah Zirkle, coordinator of student life and sports information. "The blood bank is in serious need of donors, especially those with O-negative type blood."

The drive starts at 9:30 a.m. and the last appointment will be at 1 p.m.

Anyone with questions about donor eligibility can stop by or call the first floor receptionist desk at ext. 8100.

**New fruit and yogurt bar is open**

A new fruit and yogurt bar is now offered in Food Service.

It includes all of the ingredients needed to make a fresh yogurt parfait: pineapple, blueberries, strawberries, cantaloupe, watermelon, granola and low-fat vanilla yogurt. Other fruit will be offered in season.

The cost is $2 for an 8 ounce bowl which can be filled with any ingredients at the bar.

**Other Food Service highlights**

Panini deli sandwiches are now offered as an occasional special on the weekly menu. Toasted deli sandwiches have been added to the daily menu.

Individual pizzas on the daily menu and large take-out pizzas by order will soon be available.

**MLT students celebrate lab week**

National Medical Laboratory Professionals Week is April 18-24, 2010.

Lab professionals are celebrating this year with the theme of "Laboratory Professionals Get Results." "Working behind the scenes, these healthcare team members play a vital part in providing timely and accurate test results for medical diagnoses and treatment decisions," said Glenda Forneris, director of KCC's Medical Laboratory Technology program. "The results contribute to 70 percent..."
of a patient’s medical record information.”

KCC’s Medical Laboratory Technology students and faculty are celebrating the week with a display in the atrium area on Tuesday, April 20 from 9 a.m. to 2 p.m. They will have posters, games, and drawings for prizes.

Faculty and staff are invited to attend and to encourage students to visit the displays.

$400 donated in Haiti disaster relief

Soon after the Haiti earthquake of Jan. 12, KCC raised just over $400 in donations for disaster relief.

Canisters where placed around the college in an effort to raise funds. Thank you to everyone who helped. Donations are supporting efforts of the American Red Cross and Salvation Army.

Sports camps offered

This summer, KCC will sponsor seven summer sports camps for athletes in grade school through high school.

Full-time KCC employees can enroll their children for a 15 percent discount off the prices listed here.

Girls Basketball Introductory Camp, 9 a.m. to noon, Monday through Thursday, June 14 to 17. For girls entering fifth through eighth grades. Participants receive a T-shirt and camp participation certificate. Cost is $75.

Boys Baseball Camp, 9 a.m. to noon, Monday through Thursday, June 14 to 17. Rain date: Friday, June 18. For boys ages 7 to 14. Participants receive a T-shirt and camp participation certificate. Cost is $65.

Girls Volleyball Camp (Introductory), 1 to 4 p.m., Monday through Wednesday, June 14 to 16. For girls entering fifth through seventh grades. Participants receive a T-shirt and camp participation certificate. Cost is $50.

Girls Volleyball Camp (Advanced), 1 to 4 p.m., Monday through Wednesday, June 21 to 23. For girls entering eighth through 10th grades. Participants receive a T-shirt and camp participation certificate. Cost is $50.

Girls Softball Hitting Camp 1, 9:30 a.m. to 12:30 p.m., Tuesday, June 15. For girls 8 to 12 years old. Cost is $40.

Girls Softball Hitting Camp 2, 1 to 4 p.m., Tuesday, June 15. For girls 13 to 17 years old. Cost is $40.

Boys Basketball Camp, 9 a.m. to noon, Monday through Thursday, June 21 to 24. For boys entering fifth through eighth grades. Participants receive a T-shirt and camp participation certificate. Cost is $65.

Registration deadline for each camp is two weeks before the camp
begins. For sports camps registration information, phone the Athletics Office at ext. 8600 or e-mail jvasquez@kcc.edu.

WKCC 91.1 FM adds women's program
Submitted by Mike Savage, director and general manager of WKCC

"51% - The Women's Perspective" is a 25-minute weekly public radio program devoted to women's issues.
It can be heard Wednesdays at 4:30 p.m. on WKCC 91.1 FM and www.wkccradio.org.
In America, women make up more than half the population.
Worldwide, women are expected to outnumber men within the next 50 years.
Winner of the 2009 Communicator Award as best issues program,
"51%" is a show dedicated to women's viewpoints.
Host Susan Barnett talks to experts in their field for a wide-ranging, entertaining discussion of issues that not only fall into the traditional "women's issues" category, but that concerns men as well.
WKCC is a non-commercial radio station and relies on underwriting and member support. The station is licensed to Kankakee Community College and can be heard throughout Kankakee County and in portions of Will, Grundy, Livingston, Ford, and Iroquois counties in Illinois and Newton and Lake counties in Indiana.

Jeans Day to supports the Arthritis Foundation

The Kankakee Arthritis Foundation will host its annual walk on Saturday, April 24 at KCC.
The event starts in the College Center at 8:30 a.m. and ends at 11 a.m.
All employees are invited to participate in the walk and to support the event by making a minimum donation of $5 to wear jeans on Friday, April 23.

The Arthritis Walk® is the Arthritis Foundation's annual nationwide signature event to raise funds and awareness to fight arthritis, the nation's most common cause of disability. More than 300 communities nationwide will host an Arthritis Walk® to fund arthritis research, health education and government advocacy initiatives.
To be part of the Jeans Day, see Deb Denson in Room D113 to make a donation and receive a participation sticker.
International Friendship Day wrap-up

Submitted by Elise Schultz, Cultural Diversity Committee

On March 24, the Atrium, College Center, and Iroquois Room were buzzing with activity during the International Friendship Day celebration.

Students and staff had their "KCC Passports" stamped at each of the country and organizational displays to qualify for the raffle drawings and lunch discount. Visitors saw arts, crafts, traditional clothing, and a variety of informational items aimed at helping members of the college community become more globally aware.

Additional highlights of the day included a martial arts demonstration, a Latin dance lesson, and informative presentations. The latter included Chang Eun Kim of the Korean Consulate General, Assistant Professor Deisy Davila, and the three finalists of the International Friendship Day Scholarship Contest. Chef Auston and Food Services also received rave reviews for their international lunch special, served by staff and student volunteers in the lower level of the College Center.

An event such as this is only possible through great teamwork. Many thanks and applause to the participants, volunteers, and donors on the following lists who made the day possible!

Funding and donations

Student activities, human resources, Hammes Bookstore, Judy Marwick, marketing and media.

Campus support:

Food Service, information technology services, marketing and media, physical plant, WKCC.

Presenters

Sensei Steve of Sensei Steve's Karate Center; Chang Eun Kim of the Korean Consulate General TaLK Program; Deisy Davila, KCC assistant professor; and Kathy Mabus, Rosemary Nowicki and Tyler Zabel, scholarship finalists.

Displays

Australia: Chris Young & Tim Parker; Bolivia: Humberto Tellez; Egypt: Velette Fitch; Germany: Susan Stauffenberg LaMore; Ghana: Prosper Hevi; India: Archana Chetti and Anil Chetti; Ireland: Cyndy Riordan; Korea: GaYoung Jin and Kathy Mabus; Latin America and Spain: Hispanic Heritage Club; U.S.: PSI:KCC and American Government classes; American Cancer Society; Brother 2 Brother; Illinois Consortium of International Studies and Programs; Korean Consulate / TaLK Program; Phi Theta Kappa; Rotaract Service Club; Student Advisory Council;
Volunteers

JuTun Andrews-King, Nicole Ford, Marcos Barajas, Dan Harris, Elizabeth Becvar, Sang Kang, David Cagle, Sarah McIntosh-Zirkle, Oshunda Carpenter Williams, Rose Mitchell, Novalla Coleman, Trey Moore-Gemes, Penny Dickerson, Tim Parker, Judy Downey, Meredith Purcell, Janet Fager, Cathy Robinson, April Frye and Dana Washington.

Events this week

Signing agreement with GSU: 4/14

Faculty and staff are invited to attend a signing ceremony on Wednesday, April 14 at 10:30 a.m. in Arts and Sciences Building gallery area.

Dr. Elaine Maimon, president of Governors State University will join Dr. John Avendano at the event to sign a new Dual Admission Program agreement.

Dually admitted students will be able to take advantage of GSU's Guaranteed Tuition Program, to complete a KCC associate degree in two years and be eligible to pay the GSU tuition rate from the year they were dually enrolled as a freshman at KCC.

The Dual Admission Program allows bachelor's degree seeking students to be admitted simultaneously at both KCC and GSU. Four bachelor's degree programs are offered: accounting, business administration, criminal justice, and interdisciplinary studies. It is anticipated that other programs will be added following program-to-program articulation discussions. The dual admission program will begin in Fall 2010.

For more information, phone Susan LaMore, at ext. 8208 or e-mail slamore@kcc.edu.

Ethics presentation: 4/15

KCC will host a free presentation on ethics Thursday, April 15 at 2 p.m. in the auditorium.

Andrew Corbus and Mike Stanfa from the Center for Ethical Leadership and Executive Development at Olivet Nazarene University will take a closer look at the question of whether or not the U.S. has become an unethical nation. The public is invited.

Topics will include questioning what's important and challenging yourself to define your ethical worldview. Corbus and Stanfa also will look at ethical scandals of the past decade, how good things went bad, how bad things became disastrous, why none of them had to happen, and how high the cost has been.

For more information about the event, contact Susan LaMore at
Deadline is this week

Digital Grounds art submissions are due 4/15

The Hammes Café on the college's first floor features the photography of KCC students and employees. Submissions are continuously accepted, but the deadline for consideration for the next group of photos is April 15. Selected works will be displayed for a minimum of one month.

Display and submission information:
--Works will be selected by the Hammes Café Art Committee.
--Photos submitted must be either .bmp or .jpg format. They will be subject to editing as needed to produce an enlarged image.
--The photo should be taken at 4.0 or higher megapixels, or with minimum DPI (dots per inch) of 600.
--Submit work to pcarlson@kcc.edu or on a photo CD to Paul Carlson in Room W102. Submissions on CD will not be returned.
--Selected artwork will include the name of the artist who took the photo.
--There is an opportunity for pictures to be bid on and all profits will go to the KCC Foundation.

The display copy will be sold to the highest bidder and a copy of the enlarged picture will be given to the photographer. A release will need to be signed by the photographer.

For more information about the Hammes Café art display and artwork submission, contact Paul at ext. 8858 or e-mail pcarlson@kcc.edu.

Art show and auction: 4/16

The Child Development Center is hosting its annual Children's Art Show and Silent Auction Friday, April 16 from 4 to 6 p.m. in the first floor gallery area of the Arts & Sciences building. There will be a preview showing from 2 to 3:30 p.m. There will be an employee preview and silent auction kick off from 2-3:30 p.m. All are welcome to attend!

Area talent gets ready for Welding Rodeo: 4/17

A "Welding Rodeo" offering prizes in four competition categories will be Saturday, April 17 at KCC.
Four events will be held and the competition is open to welders of all skill levels. Winners in each event and the overall competition winner will receive prizes. All participants will be entered into drawings for a number of prizes, including welding gloves, jacket and hood.

The events will be a multi-pass groove weld in the vertical up position with backing; a combination weldment, in the flat position, derived from a print provided that day; a 1/2-inch fillet on low-carbon steel; and a carbon steel 3 inch schedule 40 pipe to a plate in the 5F position.

Judging will be completed by a panel of AWS certified welding inspectors (CWI), who will evaluate all weldments based on weld size, overall appearance and efficiency.

Welding Rodeo registrations will be accepted from 9 a.m. to 1 p.m. The competition begins at 9:30 a.m. and continues until all registrants are finished. Entry is $10 per event or $35 to enter all four events.

The event is sponsored by KCC; Pratt Gases and Welding Supplies; the JAK-3 student chapter of the American Welding Society; the Joliet, Aurora, Kankakee chapter of the American Welding Society; Accurate American Testing; Stevenson Fabrication of Manteno; Belson Steel Center in Bourbonnais; and Lincoln Electric.

For more information, contact Mark at mstevenson@kcc.edu or ext. 8874.

2 spring volleyball games: 4/17 and 4/24

The women’s volleyball team has two more spring exhibition games.

The Cavaliers will play at University of St. Francis on April 17 at 9 a.m. and their final game will be at Illinois Tech in Chicago on April 24 at 9 a.m.

Schedules for KCC’s fall sports teams are at www.kcccavaliers.com.

'Jazz after Taxes': 4/16

A fun evening of relaxing jazz is planned for a Helen Wheeler Center benefit Friday, April 16.

The community is invited. Admission of $25 per person includes hors d’oeuvres and fantastic jazz music by Tyke Hendershott, Dave Stone and Roger Harris.

Jazz after Taxes will be from 5 to 8 p.m. at Sully’s Banquets, 555 S. West
Proceeds benefit the Helen Wheeler Center, which provides outpatient counseling and mental health services to children, adolescents and adults who live and work in Kankakee County. Advance tickets are available at Burke Montague Accountants, Bradley; Busse & Rieck, Kankakee; Helen Wheeler Center, Kankakee; HomeStar Bank (four local branches); and Jaffe Drugs, Kankakee.

For more information, phone 815-939-3543.

**Upcoming events**

**Sustainability week: 4/19-4/23**

Recycling and energy issues will be at the heart of KCC's fourth annual Sustainability Week, April 19 to 23. Sustainability Week at KCC coincides with the 40th annual Earth Day celebration on April 22. All activities are offered to the public at no cost. A complete agenda for KCC's Sustainability Week activities is available at [www.kcc.edu/sustainability](http://www.kcc.edu/sustainability).

For more information, phone Rich Schultz, coordinator of KCC's sustainability center, at ext. 8243.

**Volunteers needed**

**Rebuilding together: 4/24**

KCC is sponsoring a Rebuilding Together team to assist with renovations at a home in the Kankakee area on Saturday, April 24 from 8 a.m. to 4 p.m.

The event is a community-wide home rehabilitation project. To volunteer, sign up at the first floor reception desk. Volunteers should wear appropriate clothes for working on home improvement projects. No sandals are allowed.

To learn more about Rebuilding Together, contact Sarah Zirkle at ext. 8628, e-mail smcintosh-zirkle@kcc.edu or visit [http://www.rebuildingtogether.org/section/about/](http://www.rebuildingtogether.org/section/about/)

**Candle raffle raises funds for Rebuilding Together**

A candle raffle to benefit the Rebuilding Together effort is now underway.

The candle is 10 inches tall, has a holiday color scheme and design, and has a retail value of $45.

Tickets are $1 each and are available through April 22 at the First Floor Receptionist Desk.

Because the candle was donated, all money raised will go toward the 2010 Rebuilding Together project.
The drawing will be on Friday, April 23 and the winner will be notified by phone.

**News and information**

**Training for KCC employees offered**

The office of Corporate and Continuing Education has created a training schedule for KCC employees which runs through early August.

View the schedule by visiting the faculty and staff page on KCC's Web site, and choosing the employee training icon. Or, go straight to the list, on the Corporate and Continuing Education site.

The first 45-minute course, What's it All About? Microsoft Word 2007, will be offered four times Monday, April 12. It is part of the "What's It All About" series, which offers information in 45 minute sessions, with four times to choose from. Other "What's it All About" topics are Microsoft Excel 2007, Microsoft PowerPoint 2007 and Microsoft Access 2007.

There also are eight-hour computer courses in Word 2007, Excel 2007 and Access 2007, offering half of one continuing education unit upon completion.


To enroll, contact Juli Gereg at ext. 8206. Approval may be needed, so please check with your supervisor prior to enrolling.

The training sessions are a result of the needs assessment that Corporate and Continuing Education conducted earlier this year.

**Thanks-a-Gram**

The Employee Morale Committee is encouraging employees to use a longstanding device to take part in a new way of recognizing each other.

Thanks-a-Grams are available at http://www.kcc.edu/FacultyStaff/resources/Pages/default.aspx and in print in marketing and public information.

Recent 'Thanks-a-Gram':
To: Vicky Dubie  
From: Rich Schultz  
Vicky should be recognized for all of her hard work enhancing and tracking the solid waste and recycling efforts here on campus! I have contacted her on numerous occasions asking for recycling records and other information necessary to complete our KCC 5-year Solid Waste Report update and to track our progress with recycling. If she doesn't already have it, I can rely on her to get it. Thanks for your help, Vicky!

---

Green flash sustainability message  
Submitted by Rich Schultz, coordinator of Sustainability Center, sustainability & planning

In the last Update, the director of facilities and campus safety asked for our help in reducing campus energy use by remembering to turn off lights whenever possible.

In support of his appeal, I offer the following information from the Smart Energy Design Assistance Center in Champaign.

**Turn off the lights**

One classroom uses 2-3 kW per hour for lighting, equivalent to 20 and 30 100 watt light bulbs. The cost is about 30 cents per hour, or $2.40 per day. Turning classroom lights off when not needed can save up to 5 percent of the lighting energy. It saves money and also helps keep the room cooler during the warmer months.

**Remember plug loads**

"Plug Loads" are devices and appliances which are plugged into the classroom/office electrical system, such as computers, DVD players, TVs, coffee pots and copiers. These devices can account for 25 percent of the energy demand in schools. Plugging them in to power strips may make it easier to have them off when not in use. Also, make sure your monitor goes to sleep mode. Screen savers are not energy savers. Energy consumption can be reduced by 2 percent to 5 percent by managing plug loads.

**Phantom Loads**

" Phantom loads" consume energy any time these devices are plugged in, even when powered off or in standby mode. Some equipment will use 3 watts to 25 watts per hour when not in use. These include "plug load" devices and anything with an instant-on feature. If it feels warm while it's off, it's using power. Use power strips to make it easier to shut down these devices. Phantom loads make up 5 percent to 10 percent of the energy consumed in classrooms and offices.
Let’s save energy and money by paying attention to these simple ideas.

Questions? Comments? Contact me at ext. 8243; or Bert Jacobson, dean of Sustainability and planning at ext. 8242.