



Cavaliers Summer Sports Camps • 2009

Girls Basketball

Women's head basketball coach: Donnie Denson
Women's assistant basketball coach: Dan Denton

The primary purpose of this camp is to teach skills of fundamentally sound basketball, to improve the campers' abilities in the finer points of the game and to develop leadership and sportsmanship. Campers will play in games each day, putting to use the skills and techniques taught at camp.

Bring T-shirt, shorts, socks and basketball shoes (no black soles). Receive a T-shirt and camp participation certificate.

Camp 1 – Introductory Camp

Monday - Thursday, June 15-18 • 9 a.m. - noon
 KCC Ryan Gymnasium
 Girls starting 5th through 8th grades
 Cost: \$65 • Limits: minimum 25/maximum 60



Donnie Denson

Girls Volleyball

Head volleyball coach: Gary Sien

The focus of the Cavalier Volleyball Camp will be teaching the basic skills of volleyball through lecture, demonstration and video presentations. Then, through a progression of drills, camp participants will gain a better understanding of how to execute the skills in an organized and tactile manner. Basic team concepts and various offensive and defensive systems will be taught and used in match situations. Both an introductory camp for grade school players and an advanced camp for junior high and high schoolers will be offered.

Bring T-shirt, shorts, knee pads and athletic shoes. Receive a T-shirt, and camp participation certificate.

Camp 4 – Introductory Camp

Monday - Wednesday, June 15-17 • 1-4 p.m. • KCC Ryan Gymnasium
 Girls starting 5th through 7th grades
 Cost: \$50 • Limits: minimum 12/maximum 30

Camp 5 – Advanced Camp

Monday - Wednesday, June 22-24 • 1-4 p.m. • KCC Ryan Gymnasium
 Girls starting 8th through 10th grades
 Cost: \$50 • Limits: minimum 12/maximum 30



Gary Sien

Boys/Girls Soccer

Head soccer coach: David Acevedo

The soccer camp focuses on developing individual skills, team play, leadership and decision-making. Players will be encouraged to make decisions based on understanding the objectives of the match and the principles of play.

Wear appropriate soccer attire for the weather conditions: soccer boots, shorts, sweat shirt and bring a personal water bottle. Receive a T-shirt, and camp participation certificate.

Mini-Camp 2

Monday - Thursday, June 15-18 • 9 a.m. - noon • KCC soccer field
Boys and girls starting 5th through 8th grades
Cost: \$65 • Limits: minimum 10/maximum 50



David Acevedo

Boys Baseball

Head baseball coach: Todd Post

Assistant baseball coaches: Eric Zeedyk and Kyle Surprenant

This camp features individual and team instruction in hitting, bunting, pitching, catching, base running, infield and outfield defense. The camp will cover physical conditioning as well as teaching leadership and sportsmanship.

Wear appropriate baseball attire: baseball pants or sweat pants, T-shirt, tennis shoes or rubber cleats. Bring a baseball glove and bat (if you have one). Receive a T-shirt and camp participation certificate.

Camp 3

Monday - Thursday, June 15-18; raindate, Friday, June 19 • 9 a.m. - noon
KCC baseball diamond
Boys: 7-14 years old
Cost: \$65 • Limits: minimum 15/maximum 60



Todd Post

Girls Softball-Hitting

Head softball coach: Dennis Clark

This one-day softball hitting camp will provide individual and detailed instruction on the proper softball swing. The camp also will cover proper bunting techniques.

Bring appropriate softball attire: tennis shoes or rubber-spiked softball shoes and softball bat. (There are no T-shirts offered for this camp.)

Camp 6

Tuesday, June 16 • 9:30 a.m. - 12:30 p.m.
KCC softball field • Girls 8-12 yrs. old
Cost: \$40 • Limits: maximum 20

Camp 7

Tuesday, June 16 • 1-4 p.m. • KCC softball field
Girls 13-17 yrs. old • Cost: \$40 • Limits: maximum 20



Dennis Clark

Boys Basketball

Men's head basketball coach: Joseph Lightfoot

Men's assistant basketball coaches: Justin LaReau and Richard Baker

This camp features individual and group instruction on the fundamentals of the game and will develop leadership and sportsmanship. Campers also will be able to use fundamental skills in team competition each day.

Bring a T-shirt, shorts, socks and basketball shoes (no black soles). Receive a T-shirt and camp participation certificate.

Camp 8

Monday - Thursday, June 22-25 • 9 a.m. - noon
KCC Ryan Gymnasium
Boys 7-12 years old
Cost: \$65 • Limits: minimum 25/maximum 60



Joseph Lightfoot

APPLICATION

Cavaliers Summer Sports Camps

Name: _____

Address: _____

City: _____ County: _____

State: _____ ZIP: _____ Home phone: _____

Birth date: (mo.) ____ (day) ____ (yr.) ____

Age as of June 1, 2009: _____

The application deadline for each camp is two weeks before the start of the camp.

Sign parental release on other side.

***Full payment is expected at the time of enrollment.
Make checks payable to Kankakee Community College.***

Camp sign-up

Adult T-shirt size

Cost

| | | | | | | | | |
|--------------------------|--------|-------------------|------------|---|---|----|------|-------|
| <input type="checkbox"/> | CAMP 1 | Girls Basketball | S | M | L | XL | \$65 | _____ |
| <input type="checkbox"/> | CAMP 2 | Boys/Girls Soccer | S | M | L | XL | \$65 | _____ |
| <input type="checkbox"/> | CAMP 3 | Boys Baseball | S | M | L | XL | \$65 | _____ |
| <input type="checkbox"/> | CAMP 4 | Girls Volleyball | S | M | L | XL | \$50 | _____ |
| <input type="checkbox"/> | CAMP 5 | Girls Volleyball | S | M | L | XL | \$50 | _____ |
| <input type="checkbox"/> | CAMP 6 | Girls Softball | No T-shirt | | | | \$40 | _____ |
| <input type="checkbox"/> | CAMP 7 | Girls Softball | No T-shirt | | | | \$40 | _____ |
| <input type="checkbox"/> | CAMP 8 | Boys Basketball | S | M | L | XL | \$65 | _____ |

TOTAL ENCLOSED _____

PARENTAL RELEASE

Cavaliers Summer Sports Camps

I hereby authorize the staff of the Kankakee Community College Cavaliers Summer Sports Camps to act for me according to its best judgement in any emergency requiring medical attention, and I hereby waive and release the camp from any and all liability for injuries or illnesses incurred while at camp. I have no knowledge of any physical impairment that would be affected by the enrolled camper's participation in the camp program as outlined in this brochure. I also understand the camp retains the right to use for publicity and advertising purposes photographs of campers taken at camp.

Parent/guardian signature _____ Date _____

In case of emergency, contact:

Name: _____ Daytime phone: _____

Mail completed application and signed parental release to Kankakee Community College, Athletic Department, 100 College Drive, Kankakee IL 60901. For more information, call (815) 802-8600.



Kankakee Community College offers associate degrees in more than 40 curricula, advanced certificates of completion and certificates in more than 20 occupational areas, and a wide variety of non-college credit, continuing education courses. The college is easily accessible from Interstate 57 (Exit 308) and U.S. 45/52.