



NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
Kankakee, Ill. 60901  
Permit No. 462



## Fall Kick-off!

### Ready to be inspired?

Guest speaker:

James Stafford, KCC Automotive faculty  
Topic: Electric Vehicles

**Friday, Aug. 30**  
**10 a.m. - noon**

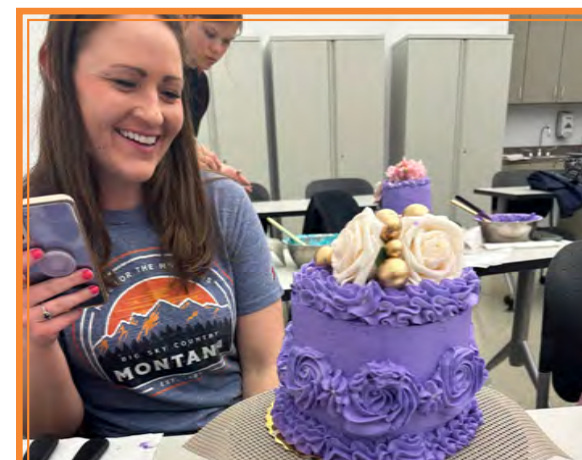
KCC Iroquois Room  
Enter at Welcome Center  
Directions at [kcc.edu/directions](https://kcc.edu/directions)

More information:  
815-802-8206 • [continuinged@kcc.edu](mailto:continuinged@kcc.edu)  
[kcc.edu/lii](https://kcc.edu/lii)

**CURIOSITY NEVER RETIRES!**  
**YOU ARE NEVER**  
**TOO OLD**  
**TO SET**  
**ANOTHER GOAL**  
**OR TO**  
**DREAM**  
**A NEW**  
**DREAM.**  
- C.S. LEWIS



Kankakee Community College  
Lifelong Learning  
Institute



**Fall 2024 Schedule of classes**  
Current class info: [kcc.edu/lii](https://kcc.edu/lii)



Fall 2024 Registration

Three ways to register:

- 1. **Online:** www.kcc.edu/LLI; Choose your courses - add to cart. Create an account or login to complete registration.
- 2. **Mail:** Mail completed registration form with payment to KCC Office of Continuing Education & Business Partnerships, 100 College Drive, Kankakee, IL 60901. Do not mail cash.
- 3. **Phone:** Call 815-802-8206 and have the course name/date and your credit card number ready.

Please print. Fill in all information.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP code \_\_\_\_\_

Phone \_\_\_\_\_ Birth date \_\_\_\_\_

Email \_\_\_\_\_

Payment

☐ Enclosed is a check for \$ \_\_\_\_\_ made payable to Kankakee Community College.

☐ Bill my credit card: ☐ MasterCard® ☐ Visa® ☐ Discover®

Card number \_\_\_\_\_ Expiration date \_\_\_\_\_

Signature \_\_\_\_\_

Choose your courses:

- Arts, Crafts, & Hobbies**

  - ☐ Chair Yoga • \$30
    - ☐ Sept. 10 - Oct. 1
    - ☐ Oct. 8-29
    - ☐ Nov. 12 - Dec. 3
  - ☐ Ceramics: Flower • \$89
  - ☐ Make & Take: Planter • \$63
  - ☐ Watercolors • \$60
  - ☐ Make & Take: Mason Jar • \$45
  - ☐ Menu Planning • \$35
  - ☐ DIY: Fall Sign • \$25
  - ☐ Cake: Fall Theme • \$70
  - ☐ Ceramics: Mug • \$89
  - ☐ Cake: Pumpkin Theme • \$70
  - ☐ Air Plants • \$25
  - ☐ Cake: Sculpting • \$80
    - ☐ Oct. 26
    - ☐ Nov. 13
  - ☐ Zen Doodling • \$65
  - ☐ Holiday Organizing • \$35
  - ☐ DIY: Winter Sign • \$25
  - ☐ Cake: Christmas Theme • \$70
  - ☐ Make & Take: Tree Jar • \$45
- Travel**

  - ☐ Bradley House • \$20
  - ☐ Christmas at Old Orchard • \$50

**Historical Lectures**

  - ☐ Washington Monument • \$25
  - ☐ Movie Music • \$22
  - ☐ Gettysburg • \$25
  - ☐ Title IX • FREE
  - ☐ Apollo Program • \$19
  - ☐ Lincoln's Tomb • \$25
  - ☐ Geneva's Codebreakers • \$19
  - ☐ Motor Row District • \$25
  - ☐ Presidential History • FREE
  - ☐ Radium Girls • \$19
  - ☐ Thanksgiving Parade • \$25
  - ☐ Chicago Atomic Age • \$19
  - ☐ A Christmas Carol • \$25
  - ☐ Christmas Traditions • \$15

**Group Discussion**

  - ☐ Different Viewpoints • FREE
  - ☐ Share a Book • FREE
- Personal Enrichment**

  - ☐ Auto & Home Insurance • \$19
    - ☐ Sept. 7
    - ☐ Oct. 9
  - ☐ Extreme Weather • \$10
  - ☐ Building Wealth • \$19
    - ☐ Sept. 12
    - ☐ Sept. 14
  - ☐ Retirement • FREE
  - ☐ Command of Your Health • FREE
  - ☐ Life Insurance • \$19
    - ☐ Sept. 21
    - ☐ Nov. 12
  - ☐ Fossils of Illinois • \$10
  - ☐ Protect Yourself from Fraud • \$50
  - ☐ Top 10 Directors • \$19
  - ☐ How Are Investments Taxed? • FREE
  - ☐ The World of AI • \$50
  - ☐ Hidden in Plain Sight • FREE
  - ☐ Chicagoland's Great Museums • \$19
  - ☐ Famous Film Duos • \$19
  - ☐ Creating Long-Term Income • FREE
  - ☐ Walking Tour of Chicago • \$19
  - ☐ All About Albert Hitchcock • \$19

Who We Are


The Lifelong Learning Institute at KCC offers stimulating intellectual and cultural pursuits. Programs are affordable, high-quality, and take place in an environment that fosters participation. People who are 50 and better in Kankakee and Iroquois counties are welcome to join. This booklet includes courses exclusively offered to those age 50+ as well as other classes open to people of all ages. The registration page notes the courses open to all ages.

Share Your Passion


The Lifelong Learning Institute is seeking ideas for future classes, and for people who are interested in teaching courses and seminars. Areas of interest include history, international affairs, politics, philosophy, literature, music/art appreciation, the humanities and others. Unique topics and seminar proposals are especially welcome.

Retired or current teachers and other professional experts are all welcome as instructors. To share ideas for classes, or to learn how to become one of our instructors, contact Linda Klette at [klklette@sbcglobal.net](mailto:klklette@sbcglobal.net).


Take Action!




Join the Facebook group for continually updated information and/or to chat with members:  
[www.facebook.com/groups/LLI.KCC](http://www.facebook.com/groups/LLI.KCC)



Email list:  
Send your email to [continuinged@kcc.edu](mailto:continuinged@kcc.edu)



Contact Linda Klette at [klklette@sbcglobal.net](mailto:klklette@sbcglobal.net)



Video:  
[www.youtube.com/kankakeecommcollege](http://www.youtube.com/kankakeecommcollege)  
(Search for LLI on KCC's page.)

Lifelong Learning Advisory Members

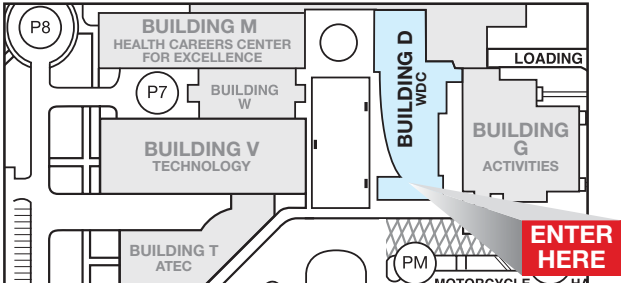
**President:** Linda Klette • **Vice-President:** Wayne Rybak • **Secretary:** Carol Webber

**Electronic Communications:** Jamie Posing • **KCC Liaison:** Erica Billington, Coordinator for Continuing Education


Cindy DeGroot	Lenda Hunt	Barbara Langlois	Kathy Tingley
Robert Dyer	Lucy James	Max Reams	Carol Webber
Joann Gricius	Linda Klette	Wayne Rybak	

Class Locations

**Riverfront Campus:** 100 College Drive, Kankakee



Most courses are on the first floor (Rooms D122-D151). Enter the door marked Welcome Center.





# Arts, Crafts & Hobbies



## Chair Yoga

Become strong, stable, secure, and balanced through Chair Yoga. With the support of a chair, these sessions are for individuals who lack the confidence or mobility to get on a floor mat. You'll synchronize breath and movement while strengthening your muscles and bones, stretching the body, improving balance, and promoting relaxation.

*Class note: Please wear comfortable clothing.*

**Date:** Tuesdays, Sept. 10 - Oct. 1 • **Time:** 10:30-11:30 a.m.  
**Location:** KCC Room D151 • **Instructor:** Victoria Malloy  
**Cost:** \$30

**Date:** Tuesdays, Oct. 8-29 • **Time:** 10:30-11:30 a.m.  
**Location:** KCC Room D151 • **Instructor:** Victoria Malloy  
**Cost:** \$30

**Date:** Tuesdays, Nov. 12 - Dec. 3 • **Time:** 10:30-11:30 a.m.  
**Location:** KCC Room D151 • **Instructor:** Victoria Malloy  
**Cost:** \$30



## Ceramics: Flower-Making

Craft a beautiful clay flower to enhance the beauty of your garden or to create a lasting tribute to someone dear to you. Join our experienced instructor as she provides guidance to express your creativity and add a personal touch to your outdoor space. Feel free to bring a snack to enjoy during the class.

instructor as she provides guidance to express your creativity and add a personal touch to your outdoor space. Feel free to bring a snack to enjoy during the class.

**Date:** Tuesdays, Sept. 10 & 17 • **Time:** 4-7 p.m.  
**Location:** KCC Room R109 • **Instructor:** Christine Hosek  
**Cost:** \$89



## Make and Take - Fall Flower Planter

Join this fun-filled workshop that celebrates the beauty of fall gardening. Discover how to plant and take care of your arrangement. You'll get: five fall assorted annuals, an 8-10 inch resin planter, and Miracle-Gro soil. Tools provided to use during the workshop: apron, gloves, hand shovel, and workspace station.

*Class note: Registration deadline is Aug. 29. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Thursday, Sept. 12 • **Time:** 6-7 p.m.  
**Location:** KCC North Extension Center in Bradley, Room N105 • **Instructor:** Gina Cordes  
**Cost:** \$63

[Read full descriptions at www.kcc.edu/LLI](http://www.kcc.edu/LLI)



## Watercolors - Sunset

Join Esther Lundmark for an exciting Watercolor Class. All levels are welcome, from beginner to experienced painters. During two sessions, you'll have ample time to learn and practice the techniques required to create stunning watercolor sunsets. Unleash your creativity and join us for an unforgettable artistic experience!

and practice the techniques required to create stunning watercolor sunsets. Unleash your creativity and join us for an unforgettable artistic experience!

*Class notes: A watercolor supplies list to purchase will be provided after registration.*

**Date:** Thursdays, Sept. 12 & 19 • **Time:** 9-11 a.m.  
**Location:** KCC Room D151 • **Instructor:** Esther Lundmark  
**Cost:** \$60



## Make and Take Workshop - Fall Mason Jar

Bring the warmth of autumn indoors with our charming Fall Mason Jar DIY project. Using laser-cut wood blanks, you'll create a 17" x 11" picture featuring fall leaves, wheat stalks, and rustic seed pods. Multiple layers of cut shapes add depth and dimension to your finished picture. This is a fun and relaxing way to be creative.

*Class note: Registration deadline is Aug. 30. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Saturday, Sept. 14 • **Time:** 10 a.m. - noon  
**Location:** KCC Room D151 • **Instructor:** Cheri Thomas  
**Cost:** \$45



## Menu Planning Featuring Instant Pot Meals - Live Webinar

If you wonder every day "what's for dinner?" then this live webinar will definitely help. Join Beth Randall for the importance of menu planning and guidance on doing it effectively. You'll learn menu options and choices to make your life simpler, including Instant Pot meals and lunches to send to school with your children.

*This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a web camera and microphone.*

**Date:** Monday, Sept. 23 • **Time:** 6:30-7:30 p.m.  
**Instructor:** Beth Randall • **Cost:** \$35

# Personal Enrichment

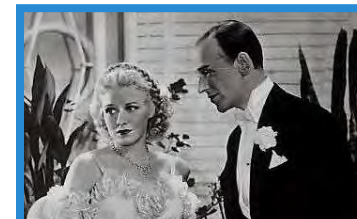


## Chicagoland's Great Museums, Large and Small - Live Webinar / In-Person

Discover things you never knew about Chicagoland's great cultural, artistic and historic museums, some of them hidden right in your own backyard. Learn little known facts about Chicago's greatest museums, like the Field Museum, and get details of tiny treasures like the Lizzadro Museum of Lapidary Art. Even longtime Chicago area residents will learn something new.

*Class note: You will choose how to attend: In-person, live webinar or recording. Live webinar/recording participants must include an email when registering so you can get instructions.*

**Date:** Wednesday, Oct. 23 • **Time:** 1-3 p.m.  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternick  
**Cost:** \$19



## Famous Film Duos - Live Webinar / In-Person

Discover stories behind some of film's most famous duos, and learn what made them successful. We'll discuss classic couples Ginger Rogers/Fred Astaire (10 films), Myrna Loy/William Powell (14 films) and Katharine Hepburn/Spencer Tracy (9 films); comedy duos like Stan Laurel/Oliver Hardy (100+ films), Bob Hope/Bing Crosby (7 films) and Jack Lemmon/Walter Matthau (10 films); and modern pairings, like Jennifer Lawrence/Bradley Cooper (4 films).

**Date:** Wednesday, Oct. 30 • **Time:** 1-3 p.m.  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternick  
**Cost:** \$19



## Creating Long-Term Income from Dividend Stocks

During this session, we will learn how investing in companies that pay a dividend per share can create an income check that can potentially increase every year.

**Date:** Thursday, Nov. 7 • **Time:** 10-11:15 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Adam Elroy  
**Cost:** FREE



## Walking Tour of Chicago - Live Webinar / In-Person

There are cultural and architectural wonders hidden in our own big city: Chicago. Come along on a virtual walking tour of downtown Chicago and learn about the city's most famous architecture. Learn about the downtown's rich history, and how Chicago rose from the ashes to become a powerhouse of finance, entertainment and culture.

**Date:** Wednesday, Nov. 13 • **Time:** 1-3 p.m.  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternick  
**Cost:** \$19



## All About Alfred Hitchcock - Live Webinar / In-Person

Learn all about the "Master of Suspense," Alfred Hitchcock, in this class that explores his more than 40 films. Starting with his first film in the silent era, "The Lodger" (1927), and ending with his final film five decades later, "Family Plot" (1976), the class will reflect on Hitchcock's unparalleled career as one of cinema's most successful and unique filmmakers.

**Date:** Wednesday, Dec. 4 • **Time:** 1-3 p.m.  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternick  
**Cost:** \$19





# Personal Enrichment



## Fossils of Illinois

The rocks below our feet are filled with thousands of species of fossils of ancient life that are now extinct. We will explore examples of the fascinating creatures that lived on the land and swam in the seas

that once covered our state. What do these fossils tell us about what Illinois was like long ago? These and other questions will be discussed. Specimens of some of these animals and plants will be available to examine close-up.

**Date:** Wednesday, Sept. 25 • **Time:** 9:30-11 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Max Reams  
**Cost:** \$10



## Protect Yourself from Fraud

Learn how to keep yourself safe from fraud. Countless online, mail, and telephone scams exist in the world today. They are designed to sound innocent and to lure

you into schemes that may cost you your money, your credit or your identity. They flourish because people are uninformed. In this informative class, you will learn what to look for and how to protect yourself from fraud.

**Date:** Wednesday, Oct. 2 • **Time:** 9 a.m.-noon  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternickle  
**Cost:** \$50



## Top 10 Directors

Discover the stories behind Hollywood's most celebrated directors and learn how they made their mark on cinematic history. This class will cover the work of: Stanley Kubrick, Martin Scorsese, Steven

Spielberg, Francis Ford Coppola, Orson Welles, John Ford, Billy Wilder, John Huston, Sidney Lumet and Alfred Hitchcock.

**Date:** Wednesday, Oct. 2 • **Time:** 1-3 p.m.  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternickle  
**Cost:** \$19



## How Are My Investments Taxed?

During this session, we will learn how different kinds of accounts and investments are taxed. We will also explore how to invest tax efficiently.

**Date:** Thursday, Oct. 3 • **Time:** 10-11:15 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Adam Elroy  
**Cost:** FREE



## The World of Artificial Intelligence

Embark on an exhilarating journey into the realm of Artificial Intelligence, tailored for beginners. In this four-hour class, you'll delve into how

AI is revolutionizing our world and get hands-on experience with ChatGPT and other exciting AI tools. Learn how these tools can help you with everyday tasks like planning trip itineraries, creating recipes, or even helping translate languages.

**Date:** Wednesdays, Oct. 9 & 16 • **Time:** 10 a.m.-noon  
**Location:** KCC North Extension Center in Bradley, Room N102 • **Instructor:** Jeffrey Sternickle  
**Cost:** \$50



## Hidden in Plain Sight

Hidden in Plain Sight is a community program that educates adults about drug abuse and how teens hide them. Join James Schreiner as he explains more about this com-

munity outreach project and take a tour of the trailer that simulates how to be prepared if the situation occurs in your family.

**Date:** Thursday, Oct. 10 • **Time:** 10-11 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Jim Schreiner  
**Cost:** FREE

# Arts, Crafts & Hobbies



## DIY: Fall Sign

Join talented artist Christine Hosek in a hands-on workshop where you'll create a stunning fall sign to decorate your space. Whether you're a beginner or experienced craft-

er, this workshop will be a fantastic time to create an autumn-inspired sign and have fun! All supplies will be provided by the instructor.

**Date:** Tuesday, Sept. 24 • **Time:** 4-6 p.m.  
**Location:** KCC Room R107 • **Instructor:** Christine Hosek  
**Cost:** \$25



## Cake Decorating - Fall Theme

Whether you're a home baker or an aspiring cake decorator, this workshop will take your cake game to the next level. Join Angelicia Mackey, owner

of Cake Me Happy, as she shows you the techniques you need, with a focus on how to obtain sharp edges. You will decorate and take home your own fall-themed cake.

*Class Notes: Registration deadline is Sept. 20. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Saturday, Sept. 28 • **Time:** 1-4 p.m.  
**Location:** KCC Room D151 • **Instructor:** Angelicia Mackey  
**Cost:** \$70



## Ceramics: Mug Making

Try something new! Your experienced instructor will provide step-by-step guidance for you to craft your own one-of-a-kind ceramic mug. The

first session is three hours, and the second session is two to three hours. Put your creativity to work and see what you can make! Feel free to bring a snack to enjoy during the class.

**Date:** Tuesdays, Oct. 8 & 15 • **Time:** 4-7 p.m.  
**Location:** KCC Room R109 • **Instructor:** Christine Hosek  
**Cost:** \$89



## Cake Decorating - Pumpkin Theme

Take your cake game to the next level. Join Angelicia Mackey, owner of Cake Me Happy, for this hands-on workshop for both home

bakers and aspiring cake decorators. You'll learn a to transform a 6-inch cake into a pumpkin. Angelicia will guide you from sculpting the cake to smoothing on the perfect layer of buttercream.

*Class note: Registration deadline is Oct. 2. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Wednesday, Oct. 9 • **Time:** 5-8 p.m.  
**Location:** KCC South Extension Center in Watseka, Room SE05 • **Instructor:** Angelicia Mackey  
**Cost:** \$70



## The Curious World of Air Plants

Prepare to be captivated by air plants! Learn about species and native habitats for air plants, plus tips on growing healthy air plants. These

quirky plants may not need soil, but they need proper watering and air to survive. Air plants are easy and fascinating to grow when you understand them. Be warned: They are addictive.

*Class note: All participants will take home an air plant, stand, fertilizer and folder with handouts.*

**Date:** Saturday, Oct. 12 • **Time:** 1-2:15 p.m.  
**Location:** KCC Room D151 • **Instructor:** DiAnn Matter  
**Cost:** \$25





# Arts, Crafts & Hobbies



## Cake Decorating: Sculpting and Modeling Chocolate

Using cake, modeling chocolate, sculpting tools, and paints, you will learn how to sculpt a hyper-realistic cake.

It's edible artistry! You will take home your creation, extra modeling chocolate and additional recipes.

*Class note: Registration deadline is Oct. 18. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Saturday, Oct. 26 • **Time:** 1-4 p.m.  
**Location:** KCC Room D151 • **Instructor:** Angelicia Mackey  
**Cost:** \$80

*Class note: Registration deadline is Oct. 6. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Wednesday, Nov. 13 • **Time:** 5-8 p.m.  
**Location:** KCC South Extension Center in Watseka, Room SE05 • **Instructor:** Angelicia Mackey  
**Cost:** \$80



## Zen Doodling for Beginners

The ZenDoodle drawing method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. The class

is taught in a meditative environment with soft music to help foster a relaxed "Zen" state. Each pattern is taught to you step-by-step. No experience necessary.

**Date:** Wednesdays, Nov. 6 & 13 • **Time:** 9 a.m. - noon  
**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternickle  
**Cost:** \$65, plus \$10 payable to the instructor at the first session for quality paper and pens.



## Organizing for the Holidays - Live Webinar

Prepare yourself for the holiday season! Beth Randall will guide you through the essential steps for holiday preparation, including shopping, sending greetings, managing toys, baking, and more. You'll also get information on effective strategies for managing holiday finances.

*This is a live event. Within 24 hours of the webinar, you will receive an email with a link to the session. All participants require an email address and a device with internet access, a web camera and microphone.*

**Date:** Thursday, Nov. 7 • **Time:** 6:30-7:30 p.m.  
**Instructor:** Beth Randall • **Cost:** \$35



## DIY: Winter Sign

Craft enthusiasts of all ages and skill levels can celebrate the beauty and wonder of winter through a handmade sign. Christine Hosek will help you craft your way through the

winter season, turning ordinary moments into extraordinary memories!

**Date:** Tuesday, Nov. 12 • **Time:** 4-6 p.m.  
**Location:** KCC Room R107 • **Instructor:** Christine Hosek  
**Cost:** \$25, includes all supplies.



## Cake Decorating - Christmas Theme

Elevate your holiday baking skills in this workshop for enthusiastic home bakers and aspiring cake decorators. Join Angelicia Mackey, owner of

Cake Me Happy, for a journey through techniques to create a stunning Christmas-themed cake. You'll decorate and take home your own Christmas-themed cake.

*Class note: Registration deadline is Nov. 8. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Saturday, Nov. 16 • **Time:** 1-4 p.m.  
**Location:** KCC Room D151 • **Instructor:** Angelicia Mackey  
**Cost:** \$70

Read full descriptions at [www.kcc.edu/LLI](http://www.kcc.edu/LLI)

# Personal Enrichment



## Understanding Your Auto and Home Insurance

You deserve to understand your policy and be in control of your insurance. This workshop shows you how to get the

value when you shop for insurance, including what to look for--for auto, home or renters. Learn to get the right coverage, at a fair price, from a reliable company.

**Date:** Saturday, Sept. 7 • **Time:** 10 a.m. - 12:30 p.m.  
**Location:** KCC Room D123 • **Instructor:** Mark Hunt  
**Cost:** \$19

**Date:** Wednesday, Oct. 9 • **Time:** 6-8:30 p.m.  
**Location:** KCC Room D123 • **Instructor:** Mark Hunt  
**Cost:** \$19



## Extreme Weather: Floods, Drought, Heat Waves, Cold Waves and Blizzards

In times of extreme weather, everyone feels the impact. This presentation covers a variety

of events such as floods, droughts, heat waves, cold waves and blizzards. We will explore various events that occur throughout the year, how they develop, and how to survive them.

**Date:** Wednesday, Sept. 11 • **Time:** 9:30-11 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Max Reams  
**Cost:** \$10



## The World of Investments: Building Wealth

Discover the vast world of investing and learn about its inner workings in an engaging and interactive session. Explore

common types of investments and accounts to find your best investment options. You will gain an understanding of tax complications and get your specific investment questions answered during the session.

**Date:** Thursday, Sept. 12 • **Time:** 6-8:30 p.m.  
**Location:** KCC Room D123 • **Instructor:** Mark Hunt  
**Cost:** \$19

**Date:** Saturday, Sept. 14 • **Time:** 10 a.m. - 12:30 p.m.  
**Location:** KCC Room D123 • **Instructor:** Mark Hunt  
**Cost:** \$19

Read full descriptions at [www.kcc.edu/LLI](http://www.kcc.edu/LLI)



## Retirement: Making Your Money Last

In this session we'll discuss ways to help you work toward achieving your retirement goals--what matters most to you. A key focus will be how to

provide for your income needs, including your retirement income or the future. We'll also explore how to address important concerns such as inflation, health care expenses, market volatility and unexpected events.

**Date:** Thursday, Sept. 19 • **Time:** 10-11:15 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Adam Elroy  
**Cost:** FREE



## Are You in Command of Your Health? Or is Your Health in Command of You?

Ongoing research and studies have contributed greatly to our understanding of how our

bodies function and what supports cellular structure. Topics such as autophagy, apoptosis, and supporting the mitochondria will be explained and discussed. Get a better understanding of what impacts your optimal wellness.

**Date:** Friday, Sept. 20 • **Time:** 10-11 a.m.  
**Location:** KCC North Extension Center in Bradley, Room N101 • **Instructor:** Mary Kay Tanka  
**Cost:** FREE



## Understanding the Basics of Life Insurance

Learn how to identify reliable life insurance companies that will be there for you when you need them. We will also discuss

the different types of life insurance and help you determine which one is best suited for your specific needs. By the end of this course, you will be equipped with the knowledge to become a confident and informed consumer.

**Date:** Saturday, Sept. 21 • **Time:** 10 a.m. - 12:30 p.m.  
**Location:** KCC Room D123 • **Instructor:** Mark Hunt  
**Cost:** \$19

**Date:** Tuesday, Nov. 12 • **Time:** 6-8:30 p.m.  
**Location:** KCC Room D123 • **Instructor:** Mark Hunt  
**Cost:** \$19



# Historical Lectures



## A Christmas Carol: Origins of a Holiday Classic - Live Webinar / In-Person

Charles Dickens's A Christmas Carol is one of the most popular Christmas stories

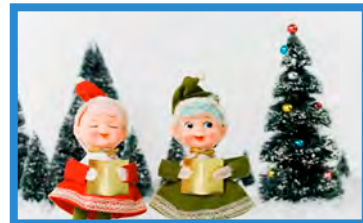
today. This class explores how Dickens created the story, how his life influenced and shaped the plot and the story's characters from Jacob Marley to Old Fezziwig. We will also discover how successful Dickens' story was in his time as well as ours today.

*Class note: You will choose how to attend: In-person, live webinar or recording. Live webinar/recording participants must include an email when registering so you can get instructions.*

**Date:** Friday, Dec. 6 • **Time:** 9 a.m. - noon

**Location:** KCC Room D123 • **Instructor:** Christina Smith

**Cost:** \$25



## American Christmas and New Year's Traditions - Live Webinar / In-Person

Come and explore the fascinating heritage of American Christmas and New Year

Tradition. You'll discover how/when Dec. 25 was designated as "Christmas"; the history of Santa Claus; why we exchange gifts and decorate our homes. Plus, learn where Christmas cards, seals, movies, and music began. For the New Year, we'll learn why a ball is dropped in New York City and why "Auld Lang Syne" is sung. And, were there really three kings? And, just what is a "King Cake"?

*Class note: You will choose how to attend: In-person, live webinar or recording. Live webinar participants must include an email when registering so you can get instructions. For those who attend in person at KCC, there will be cocoa and cookies while you watch.*

**Date:** Monday, Dec. 9 • **Time:** 1-2 p.m.

**Location:** KCC Room D123 • **Instructor:** Barbara Barrett

**Cost:** \$15

# Group Discussion



## Different Viewpoints - A Monthly Current Events Discussion Group

Join us to discuss current events in a relaxed setting. We welcome individuals of all

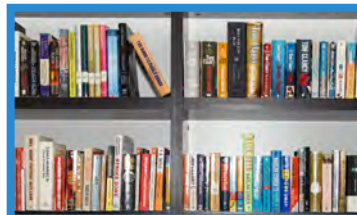
ages from the surrounding communities to discuss current news that is affecting us locally, state-wide, and on the national level. Discussion of the issues and also sharing your thoughts will aid in understanding each other's thoughts to unite us as a community. The course meets the second Wednesday every month.

**Date:** Wednesdays, Sept. 11, Oct. 9, Nov. 13 & Dec. 11

**Time:** 10-11 a.m.

**Location:** KCC North Extension Center in Bradley, Room N114 • **Instructor:** Wayne Rybak

**Cost:** FREE



## Share a Book, Share an Author

Welcome all readers! Please join fellow bookworms to share some of your favorite books and authors. See which authors and books might res-

onate with you. Come to enjoy the discussion and go home with a new "must read" list.

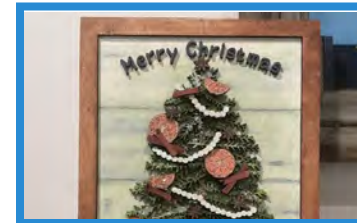
**Date:** Thursday, Oct. 17 • **Time:** 10-11:15 a.m.

**Location:** KCC North Extension Center in Bradley, Room N114 • **Instructor:** Kathleen Tingley

**Cost:** FREE



# Arts, Crafts & Hobbies



## Make and Take Workshop - Christmas Tree Jar

Create a unique laser-cut wooden picture, with delightful details such as orange slices, cinnamon sticks, and star anise. Multiple layers of cut shapes add dimension and visual interest to your finished picture. You will be guided through the process, and this workshop is suitable for all skill levels.

*Class note: Registration deadline is Nov. 6. No refunds after this date. However, a substitute may be sent in your place.*

**Date:** Wednesday, Nov. 20 • **Time:** 6-8 p.m.

**Location:** KCC Room D151 • **Instructor:** Cheri Thomas

**Cost:** \$45



# Travel



## Tour the B. Harley Bradley House and Learn Its History

Go on an in-depth tour of the B. Harley Bradley House, Frank Lloyd Wright's Flagship Prairie design. The author of a

2023 book about the house, Laura Golowski, will lead the tour and share details about the house design and families who lived there.

*Class notes: The Bradley House Gift Shop will be open after the tour for anyone who would like to purchase the book or other items.*

**Date:** Friday, Oct. 11 • **Time:** 10 a.m. - noon

**Location:** 701 S. Harrison Ave, Kankakee

**Instructor:** Laura Golowski

**Cost:** \$20



## Christmas at Old Orchard

Don't miss this popular trip! Visit Westfield Old Orchard Shopping Center, the premier shopping destination in Skokie. Anchor stores include

Bloomingdale's, Nordstrom, and Macy's. You'll have 100-plus stores to choose from, including L.L. Bean, Lacoste, Coach, Tiffany & Co., Crate & Barrel, Pottery Barn, and Williams-Sonoma. Restaurants include the Cheesecake Factory, Maggiano's and California Pizza Kitchen.

*Class notes: Choose your departure point: KCC's Riverfront Campus-southeast lot (near the softball field) at 7:30 a.m. or Country Inn and Suites (380 South Cypress St.) in Manteno at 8 a.m. We'll leave Skokie at 5 p.m. No cancellations after Nov. 4; however, a substitute may be sent in your place.*

**Date:** Friday, Nov. 15 • **Time:** 7:30 a.m. - 7 p.m.

**Cost:** \$50





# Historical Lectures



## Monument Series: Washington Monument

The Washington Monument in Washington, D.C. is as iconic as the White House and the U.S. Capitol Building. It pays

homage to our first president, George Washington. Yet, it almost never happened. It took until 1833 to begin the project. Learn about the design and construction; along with the myriad of obstacles.

**Date:** Friday, Sept. 13 • **Time:** 9 a.m. - noon

**Location:** KCC Room D212 • **Instructor:** Christina Smith

**Cost:** \$25



## Movie Music Memories 2 Luncheon

Join us for a curated collection of historic film clips from the 1950s to present day performed by some of the

greatest entertainers in the history of the silver screen. As with other times in the "Movie Music Romance" film history series, John LeGear will guide you through the decades. A question and answer session will be included.

*Class note: A buffet lunch will be served starting at 11:30 a.m. The presentation will begin at noon.*

**Date:** Thursday, Sept. 26 • **Time:** 11:30 a.m. - 1:30 p.m.

**Location:** KCC Iroquois Room • **Instructor:** John LeGear

**Cost:** \$22, includes a buffet lunch.



## Gettysburg, Eisenhower and Camp Colt

Gettysburg Battlefield usually pertains to July 1-3, 1863, with images of Confederate and Union soldiers. Did you

know during World War I the battlefield was an army tank training camp? The leader of Camp Colt was a young Dwight D. Eisenhower. We'll explore Camp Colt in 1917 and 1918 and how it impacted the town and Eisenhower.

**Date:** Friday, Sept. 27 • **Time:** 9 a.m. - noon

**Location:** KCC Room D212 • **Instructor:** Christina Smith

**Cost:** \$25



## Title IX and Competitive Women's Sports

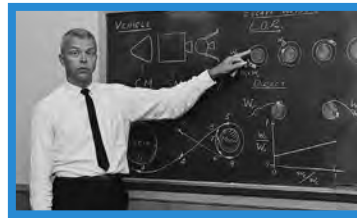
Join this discussion on the history of Title IX, implemented in 1972. Darla Moldenhauer, Brenda Kirts, and Nancy

Brown were three of the new physical education teachers who helped implement competitive sports for girls at Bradley-Bourbonnais Community High School in 1973. Darla, now retired, will share her insights and experiences. We encourage you to join us and share your own athletic experiences from the 1970s.

**Date:** Friday, Oct. 4 • **Time:** 10-11:30 a.m.

**Location:** KCC Room D123 • **Instructor:** Darla Moldenhauer

**Cost:** FREE



## The Apollo Program and John Houbolt

Learn about the history of the Apollo program and how Joliet native John Houbolt, a NASA aerospace engineer, contributed to its success. Houbolt is

credited with leading the team behind the lunar orbit rendezvous mission mode, a concept that was used to successfully land humans on the Moon. We'll also share local ways to discover more: the Crown Space Center, the Gemini 12 spacecraft, and the last man to walk on the moon.

**Date:** Wednesday, Oct. 9 • **Time:** 1-3 p.m.

**Location:** KCC North Extension Center in Bradley, Room N105 • **Instructor:** Jeffrey Sternickle

**Cost:** \$19



## Monument Series: Lincoln's Tomb

The final resting place of Abraham Lincoln has a long history. It was 36 years from the time of Lincoln's assassination in April 1865 until his

final interment.. Additionally, you learn about the design and construction of Lincoln's Tomb; the movements of Lincoln's remains; and the attempt to steal his body.

**Date:** Friday, Oct. 11 • **Time:** 9 a.m. - noon

**Location:** KCC Room D212 • **Instructor:** Christina Smith

**Cost:** \$25

Read full descriptions at [www.kcc.edu/LLI](http://www.kcc.edu/LLI)

# Historical Lectures



## Geneva's Pioneer Codebreakers

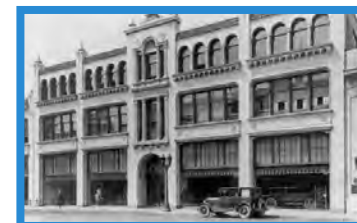
William and Elizebeth Friedman were pioneers of modern cryptology. They began their codebreaking careers in Geneva, Illinois, and broke

secret codes during World War I, Prohibition, and World War II. After the war, William worked at the National Security Agency Elizebeth worked for the International Monetary Fund.

**Date:** Wednesday, Oct. 16 • **Time:** 1-3 p.m.

**Location:** KCC North Extension Center in Bradley, Room N105 • **Instructor:** Jeffrey Sternickle

**Cost:** \$19



## Chicago's Historic Motor Row District 1905 -1936

Cruise into the Chicago Historic Motor Row District, home to the largest, intact, early "motor colony" in the U.S.

Primarily located on south Michigan Avenue, it was designated a Chicago Landmark in 2000, and joined the U.S. National Register of Historic Places in 2002. At its peak, as many as 116 different makes of automobiles were sold and serviced on Motor Row!

*Class note: A buffet lunch will be served starting at 11:30 a.m. The presentation will begin at noon.*

**Date:** Thursday, Oct. 17 • **Time:** 11:30 a.m. - 1 p.m.

**Location:** KCC Iroquois Room • **Instructor:** Barbara Barrett

**Cost:** \$25, includes buffet lunch.



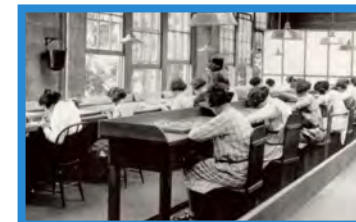
## Kankakee County's Presidential History

Just in time for the 2024 election, this lecture includes summaries of all the presidential visits made in Kankakee County--from sitting presidents and those campaigning for office. Other presidential candidates who passed through the county are also mentioned. Get details on who Kankakee County voted for, too, going back to 1853.

**Date:** Thursday, Oct. 24 • **Time:** 10-11:30 a.m.

**Location:** KCC Room D123 • **Instructor:** Phil Angelo

**Cost:** FREE



## The Radium Girls of Ottawa - Live Webinar / In-Person

The Radium Girls were female factory workers who contracted radiation poisoning working with self-luminous paint at

the Radium Dial Company in Ottawa, Illinois (1922). Learn how the "Radium Girls" sued for damages, and in the wake of their case, industrial safety standards were improved for many decades.

*Class note: You will choose how to attend: In-person, live webinar or recording. Live webinar/recording participants must include an email when registering so you can get instructions.*

**Date:** Wednesday, Nov. 6 • **Time:** 1-3 p.m.

**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternickle

**Cost:** \$19



## History of the Macy's Thanksgiving Parade - Live Webinar / In-Person

While not the longest running Thanksgiving parade, the Macy's Thanksgiving Day Parade

is the most popular. This class explores the reasons for the initial parade; the creative minds behind the floats and balloons; and the evolution of the parade embracing cultural icons along the way.

*Class note: You will choose how to attend: In-person, live webinar or recording. Live webinar participants must include an email when registering so you can get instructions.*

**Date:** Friday, Nov. 8 • **Time:** 9 a.m. - noon

**Location:** KCC Room D123 • **Instructor:** Christina Smith

**Cost:** \$25



## Chicago and the Atomic Age - Live Webinar / In-Person

The Atomic Age began at 3:25 p.m. on Dec. 2, 1942 at the University of Chicago. Learn about how the first man-

made, self-controlled nuclear chain reaction would provide for the development of the atomic bomb and, ultimately, to the Arms Race and the Cold War.

**Date:** Wednesday, Nov. 20 • **Time:** 1-3 p.m.

**Location:** KCC Room D123 • **Instructor:** Jeffrey Sternickle

**Cost:** \$19

Read full descriptions at [www.kcc.edu/LLI](http://www.kcc.edu/LLI)